

**Cost Projections per Backpack
(Brand New Items)**

Item	# needed	Cost per package	Store	Cost per Item	Total Cost
backpack	1	\$5.00	Wal-mart	\$5.00	\$5.00
underpants	2 pairs	5/\$5.50	Wal-mart	\$1.10	\$2.20
socks	2 pairs	10/\$5.50	Wal-mart	\$0.55	\$1.10
shoes	1 pair		Wal-mart	\$9.00	\$9.00
Antibacterial soap	1 bar	2/\$1.00	Dollar Tree	\$0.50	\$0.50
tooth brush	1	4/\$1.00	Dollar Tree	\$0.25	\$0.25
Tooth paste	1		Dollar Tree	\$1.00	\$1.00
wash cloth	1	18/\$4.00	Wal-mart	\$0.22	\$0.22
nail clipper	1		Dollar Tree	\$1.00	\$1.00
comb	1	12/\$1.00	Dollar Tree	\$0.08	\$0.08
barrettes	1 pkg.		Wal-mart	\$2.50	\$2.50
blue pens	5	22/\$1.44	Wal-mart	\$0.06	\$0.30
pencils	5	24/\$1.00	Wal-mart	\$0.04	\$0.20
erasers	2		Wal-mart	\$1.00	\$1.00
12" ruler	1	3/\$1.00	Dollar Tree	\$0.33	\$0.33
Donation for shipping & notebooks					\$5.00
Donation for health exams & medicine					\$5.00

GRAND TOTAL \$ 35.18

Consider shopping at Goodwill and other thrift stores in your area for gently used shoes and backpacks.

HOSA's 2009-10 Service Project

Friends for Health in Haiti

Improving Health, Changing Lives

Haiti, located 800 miles off the coast of Florida in the Caribbean, is the most impoverished nation in the hemisphere. Its 8 million inhabitants have the worst health status of all countries in Latin America.

The mission of **Friends for Health in Haiti** is to improve the health status of the people of Haiti, through high quality health care, provided in a caring, compassionate, and respectful manner.



This year, HOSA members are going to help the **Friends for Health in Haiti** by raising money and collecting personal hygiene items, clothing, and school supplies for thousands of children who are lacking the basic necessities of life. The children wear uniforms to school but are in need of underwear, socks, and shoes. Additionally, HOSA would like to provide a backpack for each child, containing school supplies, personal hygiene items. Money donations are also needed for physical exams, anemia testing, vitamins, worm medicine, and transporting the backpacks.

For more Information: www/friendsforhealthinhaiti.org

How Your HOSA Chapter Can Help

- Ask for donations from teachers, staff, students
- Contact local businesses and corporations for donations of money or items
- Fundraise through bake sales, candy bars, etc.
- Create teams to collect specific items needed for each backpack
- Competition between classes, grade levels, etc.
- Collection barrels for gently used shoes and backpacks at elementary and middle schools in your district

If you have any questions or suggestions, please contact:

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Size Guidelines

Shoe Sizes for School-aged Children 11- 4

Sock Sizes M (fits shoe sizes 10 1/2 – 4)

Girl's Underwear Sizes 2,4,6,8

Boy's Underwear Sizes XS, S, M

Donation List

(For elementary school-aged boys and girls)

- backpack (new or slightly used, any color or design)
- shoes- tennis or close-toed shoes (new or gently used)
- socks – 2 pairs, white (must be new)
- underpants – 2-5 pairs (must be new)
- 1 bar soap
- toothbrush
- 1 large tube of toothpaste
- 1 wash cloth
- nail clipper
- comb
- barrettes or ponytail holders for girls
- 5 blue pens
- 5 pencils
- 2 erasers
- 1 ruler
- \$10.00 per backpack for health exams, anemia testing, vitamins, worm medicine, notebooks, and shipping

Important Notes: Small sizes are needed more than larger sizes. Children in Haiti are very small for their age. Try to coordinate clothing sizes within each backpack.

Each backpack must include all items.

Each backpack must be labeled with a sticky label on the outside indicating gender and shoe/sock/underwear size.

Backpacks will be collected at State Leadership Conference to be held April 25-27 at Wisconsin Dells.